

# Medi-Cal Choices

## For People with Disabilities and Seniors In Sacramento County

This guidebook can help you decide which kind of Medi-Cal is best for you.

If you live in Sacramento County and are a person with a disability or a senior, you can choose to be in Regular Medi-Cal, Blue Cross of California\*, HealthNet, Molina Healthcare of California†, or Western Health Advantage‡.

Blue Cross of California, HealthNet, Molina Healthcare of California, and Western Health Advantage are Medi-Cal Health Plans.

If you join one of these Plans, you still have Medi-Cal.

To learn more about your choices, call

**Blue Cross of California: 1-800-227-3238**

**HealthNet: 1-800-675-6110**

**Molina Healthcare of California: 1-888-665-4621**

**Western Health Advantage: 1-800-667-2103**

To learn more about both Plans, call

**Health Care Options: 1-800-430-4263**

**Regular Medi-Cal:** There is no phone number to call.

Please look inside for more useful phone numbers.



## Your Medi-Cal Choices in Sacramento County:

- Use this chart to compare your Medi-Cal choices.
- If you want to join Blue Cross of California\*, HealthNet, Molina Healthcare of California†, or We call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal	
	Blue Cross of California 1-800-227-3238 www.bluecrossca.com	HealthNet 1-800-675-6110 www.healthnet.com
<b>Basic Services</b>		
Basic Medi-Cal Benefits	Same	Same
24-Hour Advice Nurse	Yes	Yes
Customer Service Phone Hours	7 am–12 am	24 hours
Interpreter Services	Yes	Yes
To Get a List of Preferred Drugs	1-800-227-3238	1-800-675-6110
<b>Costs to You</b>		
Cost for Doctor Visits	\$0	\$0
Cost for Drugs	\$0	\$0

### Useful Phone Numbers

#### Denti-Cal

For information about dental care that is covered by Medi-Cal

#### Area 4 Agency on Aging

For information and referrals to many services for people with disabilities and seniors

#### Sacramento County Department of Health

For information about mental health services

#### Alcohol and Drug Programs

For help with alcohol and drug problems

Western Health Advantage,<sup>‡</sup>

Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
Molina Healthcare of California 1-888-665-4621 www.molinahealthcare.com	Western Health Advantage 1-800-667-2103 www.westernhealth.com		
Same	Same	Same	p. 6
Yes	No	No	p. 12
7 am–7 pm	8 am–5 pm	None	p. 33
Yes	Yes	Call your doctor or clinic.	p. 28
1-888-665-4621	1-800-667-2103	Ask your doctor or pharmacist.	p. 14
\$0	\$0	\$0	p. 8
\$0	\$0	\$0–\$1	p. 8

Some people with Medi-Cal have Kaiser Medi-Cal Health Plan. In Sacramento County, Kaiser is only available for a limited amount of people. This includes people who have had coverage through Kaiser in the past or have an immediate family member currently enrolled in Kaiser.

1-800-322-6384
1-800-510-2020
1-888-881-4881
1-800-879-2772

**Hospitals you can go to for medical care in Sacramento County are below.**

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-888-881-4881.

**Blue Cross of California\***

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–Davis, General, Memorial, and Roseville
- Methodist Hospital of Sacramento

**HealthNet**

- Marshall Medical Center
- Methodist Hospital of Sacramento
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospital–Roseville

**Molina Healthcare of California<sup>†</sup>**

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–General and Memorial
- Methodist Hospital of Sacramento

**Western Health Advantage<sup>‡</sup>**

- UC Davis Medical Center

**Regular Medi-Cal**

- Kindred Hospital
- St. George's Medical Center
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–General, Memorial, and Sacramento Sierra
- Methodist Hospital
- UC Davis Medical Center

If you have Regular Medi-Cal, you can also go to hospitals and providers outside your county.

The information on these pages is as accurate as possible as of December 2008.

\*Blue Cross of California Partnership Plan, Inc.

<sup>†</sup>Molina Healthcare of California Partner Plan, Inc.

<sup>‡</sup>Western Health Advantage Community Health Plan.